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journal homepage: www.elsevier.com/locate/talanta

# Screening and confirmation capabilities of liquid chromatography-time-of-flight mass spectrometry for the determination of 200 multiclass sport drugs in urine

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### article info

Article history: Received 8 August 2014 Received in revised form 15 October 2014 Accepted 24 October 2014 Available online 31 October 2014

Keywords: Liquid chromatography High resolution mass spectrometry Doping Sport drug testing Time-of-flight Metabolites Urine Screening Confirmation

# ABSTRACT

In this article, a screening method for the determination of 200 sport drugs in human urine has been developed using liquid-chromatography electrospray time-of-flight mass spectrometry (LC-TOFMS). The chromatographic separation of the targeted doping agents was carried out by fast liquid chromatography using a  $C_{18}$  column (4.6  $\times$  50 mm) with 1.8 µm particle size. Accurate mass measurements of the selected ion (typically  $[M+H]^+$  and  $[M-H]$ ) along with retention time matching was used for the screening and detection of the targeted species. The proposed methodology comprised also a simple sample treatment stage based on solid-phase extraction (SPE) with polymeric cartridges. The SPE method displayed satisfactory recoveries rates (between 70 and 120%) for the majority of the compounds at both concentration levels tested (2.5 and 25  $\mu$ g L $^{-1}$ ). The overall performance of the method was satisfactory with all 200 compounds fulfilling WADA minimum required performance levels (MRPLs), with limits of quantitation lower than  $1 \mu g L^{-1}$  for 80% of the compounds, and showing an appropriate linearity  $(r^2 > 0.99)$  in most cases. Additionally, the ability of "in-source" collision induced dissociation (CID) for confirmatory purposes was examined using as criterion the presence of two high-resolution ions with relevant abundances for unambiguous confirmation. This stringent criterion was fulfilled for 75% of the species using in-source CID fragmentation. The use of an improved approach based on CID performed on a dedicated collision cell without precursor ion selection (using a Q-TOF) provided at least two ions in all cases with the exception of 2-aminoheptane. Finally, based on the use of diagnostic fragment ions, a workflow for the comprehensive screening and identification of non-targeted compounds (viz. compounds with no primary standards or retention time information available, such as metabolites) has been also examined using rat urine samples. The proposed screening method has proved to be effective for the analysis of targeted compounds, and also for the identification of metabolites, expanding easily the search for doping agents not only limited to specific banned parent compounds but also to derivate compounds with similar structure as well as metabolites.

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## 1. Introduction

The World Anti-Doping code defines doping as the occurrence of one or more of the anti-doping rule violations set forth in Article 2.1 through Article 2.8 of The Code, including, but not limited to the presence of a Prohibited Substance or its Metabolites or Markers in an Athlete's Sample [\[1\].](#page-13-0) The World Anti-Doping Agency (WADA) is responsible of publication and revision of the Prohibited List [\[2\],](#page-13-0) which is an international standard in which all the substances and methods prohibited are listed. The List is divided into three sections:

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http://dx.doi.org/10.1016/j.talanta.2014.10.050 0039-9140/© 2014 Elsevier B.V. All rights reserved. substances and methods prohibited at all times (in- and out-ofcompetition); substances and methods prohibited in-competition; and substances prohibited in particular sports.

Liquid chromatography/mass spectrometry (LC–MS) has nowadays a compelling role in sport drug testing, given the features of most of the targeted analytes [\[3](#page-13-0)–6]. LC–MS ability of fast and sensitive targeted analysis has dramatically expanded the tools available for comprehensive sport drug testing. In addition, liquid chromatography provides some advantages in ease of sample treatment compared to gas chromatography (GC), although GC methods are still in use particularly for class-specific applications [\[7](#page-13-0)–9]. Amongst the assays described for sport drug testing, the initial approach followed by official laboratories was the validation of class-specific methods, due to the relatively large number of







compounds to trace and their different physicochemical properties. Most of these methods were based on the use of either GC–MS or LC–MS to determine class-specific groups of doping agents such as anabolic steroids and glucocorticosteroids [\[10](#page-14-0)–17], stimulants and narcotics [18–[22\]](#page-14-0), diuretics and masking agents [\[23](#page-14-0)–27],  $β_2$ -agonists and  $β$ -blockers [\[28](#page-14-0)–34], or emerging sport drugs such as selective androgen receptor modulators (SARMs) [35–[42\]](#page-14-0).

In the last decade, advances in instrumentation (sensitivity, speed and resolution) have led to the development of generic wide-scope multiclass screening methods [\[3](#page-13-0)–6], covering several dozens of sport drugs from different families within the same run [43–[61\].](#page-14-0) For this purpose, there are different LC–MS(MS) technologies, based on: (i) predefined list of analytes under optimized conditions (approach limited to targeted species) or (ii) nonpredefined masses or conditions (approach covering targeted and eventually non-targeted analysis). Amongst the first option, the use of triple quadrupole operated in multiple-reaction monitoring mode is the standard approach for either class-specific methods or multiclass methods [3–[5,47,58\]](#page-14-0). As an alternative, the use of high resolution mass spectrometry (LC-HRMS) as screening tool for sport drug testing purposes has been investigated in recent years [\[3](#page-13-0)–6]. The main advantage of this approach in comparison with targeted measurements based on the acquisition of fixed parent/fragment ion transitions is the comprehensive acquisition of the entire data, which provides the possibility to retrospectively scrutinize the analytical data for formerly unknown compounds or new species that eventually become relevant from the point of view of sport drug testing. This feature maps well against the requirements of doping control laboratories. Actually The List specifies that substances with similar structure or biological effects of any prohibited substances are also prohibited [\[2\]](#page-13-0). This fact has prompted that these instruments have become highly used for screening of doping agents [3–[6\]](#page-13-0).

Amongst LC-HRMS methods using full-scan high-resolution mass spectrometry, liquid chromatography time-of-flight mass spectrometry (LC-TOFMS) was first applied for the screening of 64 drugs using liquid–liquid extraction with diethyl ether [\[44\].](#page-14-0) An update of this methodology was reported by the same authors, but extended to 173 compounds validated at WADA MRPLs [\[52\]](#page-14-0). Kolmonen et al. proposed a multiclass screening method based on the combined use of SPE and LC-TOFMS [\[45\]](#page-14-0), validated at WADA MRPL standards for 97 compounds. The same authors proposed an improved screening method validated at MRPLs for up to 197 compounds using LC-TOFMS after a dedicated 2-step SPE procedure using two mixed mode (cation and anion) exchange cartridges [\[59\].](#page-14-0) Similarly, Badoud et al. described a screening method for 103 compounds using Q-TOF instrumentation, but without the inclusion of steroids [\[48,49\].](#page-14-0) As an alternative to TOFs, orbital ion trap (Orbitrap) is a high resolution analyzer also used for the screening of sport drugs in urine [\[46,54,60,61\].](#page-14-0) Musenga et al. developed a method for the screening of 182 sport drugs using a mixed-mode cation exchange SPE procedure and Orbitrap [\[60\].](#page-14-0) Jimenez-Girón et al. skipped the sample treatment by simply using 1:10 dilution for the screening of 120 sport drugs [\[61\].](#page-14-0) Moulard et al. developed a method for equine urine covering 235 compounds using SPE with C18 cartridges using an Exactive Orbitrap [\[54\].](#page-14-0) The method is so far the more comprehensive in terms of number of analytes included, although not detailed extraction recoveries were provided, and given the nature of the cartridge used, the sample preparation can be considered somewhat biased towards less polar species, being the more polar compounds/metabolites not eventually recovered with this approach.

In this article, a screening method for the determination of 200 sport drugs in urine using LC-TOFMS has been developed and fully validated at WADA MRPLs. The proposed methodology comprises a generic single-stage sample preparation with commercial polymeric SPE cartridges followed by LC-TOFMS analysis. A dedicated study and evaluation of the fragmentation displayed using in-source CID fragmentation was performed and contrasted with the fragmentation exhibited using a dedicated collision cell with a Q-TOF instrument. Additionally, based on the use of diagnostic ions (obtained by in-source CID fragmentation or CID without precursor selection) and a database of predefined biotransformations, an automated workflow for the comprehensive screening and identification of non-targeted compounds (viz. with no standards or retention time information available, such as metabolites) has been examined using rat urine samples.

## 2. Experimental

## 2.1. Chemicals and reagents

HPLC grade acetonitrile (MeCN) and methanol (MeOH) were obtained from Sigma-Aldrich (Madrid, Spain). Drug analytical standards were purchased from Cerilliant (Round Rock, TX), Dr. Ehrenstorfer (Madrid, Spain), European Pharmacopeia, National Measurement Institute (Australia) and Sigma-Aldrich (Madrid, Spain). Individual stock solutions were prepared in MeOH or MeCN and were stored at  $-18$  °C. Formic acid was purchased from Fluka (Madrid, Spain). A Milli-Q-Plus ultra-pure water system from Millipore (Milford, MA) was used throughout the study to obtain HPLC water used during the analyses and to prepare all the solutions. Bond Elut PLEXA SPE cartridges (200 mg, 6 mL) were purchased from Agilent Technologies (Santa Clara, CA) and a Supelco (Bellefonte, PA) Visiprep™ SPE vacuum system was used for SPE experiments.

### 2.2. Sample preparation

Untreated human urine sample aliquots were subjected to an SPE procedure using Bond Elut PLEXA cartridges (200 mg, 6 mL). The cartridges were preconditioned with 4 mL of MeOH/MeCN (1:1) and 4 mL of HPLC grade Milli-Q water. After the conditioning step, 2 mL of urine buffered with 2 mL of formic acid/formate (50 mM) at pH 2.6, were passed through the SPE cartridge. 4 mL of 5% MeOH in Milli-Q water was then added to rinse the cartridge prior to elution. The cartridges were dried under vacuum in order to remove the excess water and the analytes were finally eluted with 4 mL of MeOH/MeCN  $(1:1, v/v)$ . The extracts were evaporated until near dryness using a Turbo Vap LV from Zymark (Hopkinton, MA), with a water bath temperature of 37  $\degree$ C and a N<sub>2</sub> pressure of 15 psi. The samples were then taken up with 0.5 mL of MeOH/water (10:90 v/v) to achieve a preconcentration of 4:1. The reconstituted extracts were filtered through a 0.45 μm syringe filter and then transferred to a 2-mL analysis vial.

## 2.3. LC-TOFMS and LC-QTOFMS

The separation of the analytes from the urine extract was carried out using a high-performance liquid chromatography (HPLC) system (consisting of vacuum degasser, auto sampler and a binary pump) (Agilent 1200, Agilent Technologies, Santa Clara, CA) equipped with a reversed-phase XDB-C18 analytical column of  $4.6$  mm  $\times$  50 mm and 1.8 µm particle size (Agilent Technologies, Santa Clara, CA). 20 μL of the extract were injected in each run. Mobile phases A and B were water with 0.1% formic acid and MeCN. The chromatographic method held the initial mobile phase composition (10% B) constant for 3 min, followed by a linear gradient to 100% B up to 15 min and kept for 3 min at 100% B. The flow rate used was 0.5 mL min $^{-1}$ . The HPLC system was connected to a timeof-flight mass spectrometer Agilent 6220 accurate mass TOF (Agilent Technologies, Santa Clara, CA) equipped with an electrospray interface operating in either positive or negative ion mode, using the following operation parameters: capillary voltage, 4000 V; nebulizer pressure, 40 psig; drying gas flow rate,  $9.0$  L min $^{-1}$ ; gas temperature, 325 °C; skimmer voltage, 65 V; octapole 1 rf, 250 V; fragmentor voltage: 190 V (screening method) and 220 V (for in-source CID fragmentation and confirmatory purposes evaluation). LC–MS accurate mass spectra were recorded across the m/z range of 50–1000 in positive ion mode and 50–1100 in negative ion mode. The instrument performed the internal mass calibration automatically, using a dual-nebulizer electrospray source, which introduced a low flow (approximately 5  $\mu$ L min $^{-1}$ ) of calibrating internal reference masses solution (TFANH<sub>4</sub> (ammonium trifluoroacetate,  $C_2O_2F_3NH_4$ , at  $m/z$  112.9856 in negative ion mode), purine  $(C_5H_4N_4$ , at  $m/z$  121.0509, in ESI(+)) and HP-0921 [hexakis- $(1H,1H,3H-tetrafluoropropoxy)phosphazine$ ],  $C_{18}H_{18}O_6N_3P_3F_{24}$ , at  $m/z$  922.0098 in positive ion mode and 1033.9881 in negative mode). To perform CID experiments with a dedicated collision cell, an Agilent 1260 Infinity HPLC system was connected to a hybrid quadrupole time-of-flight (Q-TOF) mass spectrometer Agilent 6530 (Agilent Technologies, Santa Clara, CA), equipped with the same dual spray interface, applying the same chromatographic method and MS parameters described for the TOF instrument except fragmentor voltage, set at 90 V. "All-ion mode" full-scan acquisition was used at different collision energy conditions (0, 10, 20 and 30 V). All data was recorded with Agilent Mass Hunter Data Acquisition software (version B.04.00) and processed with Agilent Mass Hunter Qualitative Analysis software (version B.04.00) which included both "Molecular Feature Extractor" and "Find by Formula" applications used.

## 2.4. Method validation

A pool of human urine samples (specific gravity 1.015, pH 7.0) were checked for the presence of any of the 200 sport drugs tested. Seven replicates of spiked urine samples were prepared to measure extraction recovery and method precision. Extraction recovery was determined by analyzing samples spiked before and after SPE extraction at two concentration levels (2.5 and 25  $\rm \mu g~L^{-1}$ ). Spiking after the extraction process (10 and 100  $\rm \mu g~L^{-1}$ respectively considering the preconcentration factor) corresponded to 100% recovery. The results were obtained by comparing mean values of peak areas of analytes. Repeatability of the extraction method was expressed as relative standard deviations (RSD (%)) of peak areas. In the case of endogenous substances, the background value was considered and corrected for method performance evaluation.

The limits of detection (LODs) and quantitation (LOQs) were calculated as the minimum concentration of analyte whose extracted ion chromatogram (with a narrow mass window extraction of  $\pm 20$  ppm without smooth filters) showed a signal-to-noise ratio at  $(S/N)=3:1$  and 10:1, respectively. LODs were empirically calculated using the data acquired from recovery experiments (2.5 and 25  $\mu$ g L $^{-1}$ ), or by subsequent dilutions of these extracts with non-spiked matrix. LOD and LOQ were not calculated for endogenous steroids testosterone and 19-norandrosterone. In the case of other endogenous substances, they were not detected in the pooled urine tested. Matrix effects (ME) were also estimated in order to assess the impact of the matrix on the ionization suppression/enhancement on the analytes (compared to neat standards). For this purpose, the slopes obtained in the calibration with urine extracts were compared with those obtained with solvent-based standards, calculating slope ratios matrix/solvent (ME) for each of the targeted compounds. ME significantly  $>1$ means signal enhancement while ME significantly  $<$  1 means signal suppression (the more common phenomenon).

### 2.5. Development of the automated targeted screening method

An automated screening approach based on accurate masses of selected ions and retention time matching was used based on "Find by Formula" application of the software used. The selected 200 drugs were divided in 10 mixtures containing ca. 20 drugs each at a concentration of ca. 200  $\mu$ g L<sup>-1</sup>. These solutions were analyzed by LC-TOFMS to collect the retention time data and relevant mass spectra information. For the automatic screening method, an excel spreadsheet was constructed containing the elemental composition and exact mass data for each drug and their retention times. This file was put into csv (comma separated values) file format for use by the Agilent TOF automated data analysis ("Find by Formula") software. The data included are summarized in [Table 1](#page-3-0), where the retention time, molecular formula and accurate masses of the selected ions are shown for each compound tested.

### 2.6. Non-targeted analysis of rat urinary metabolites

Besides the standard screening method for targeted detection of sport drugs, the performance of LC-TOFMS for the comprehensive screening and identification of non-targeted compounds (viz. preliminary identification of components with neither primary standards nor retention time information available (e.g. such as derivate species and/or metabolites)) has been examined using rat urine samples. The non-targeted approach is based on the use of diagnostic ions (obtained by in-source CID fragmentation or CID without precursor selection) and a list of predefined biotransformations that parent compounds usually undergo.

### 2.6.1. Sample collection

The study was performed on adult male Wistar rats (250– 300 g) (Charles River Laboratories, Barcelona, Spain). The animals  $(n=5)$  were weighed and placed in individual metabolic cages 48 h prior to treatment to acclimatize them to this environment, maintained under standard conditions of light and temperature and allowed ad libitum access to food and water to the end of the experiment. All the procedures followed the Spanish guidelines on the use of animals for research (RD 1201/2005) and were approved by the institutional Committee for Ethics. The rats were treated with bumetadine at  $8 \text{ mg kg}^{-1}$  body weight (intraperitoneal). After drug administration, urine was daily collected in graduate cylinders for 2 days (24, 48 and 72 h). The urine collected 24 h prior to treatment was used as control. The SPE procedure was applied omitting intentionally the enzymatic hydrolysis/ deconjugation step in order to keep the metabolites in their conjugated forms.

### 2.6.2. Compilation of diagnostic ions and data analysis

For untargeted detection, the full-scan high-resolution mass spectrometry data was processed by two main approaches:

(a) "Molecular Feature Extractor" software tool. Raw LC–MS data is scrutinized thoroughly by an algorithm, which treats the entire sample mass spectral data from the experiment as a large, three-dimensional array of retention time,  $m/z$  and abundance values). Background and other incoherent signals are disregarded and only chromatographic peaks (viz. transient signals with coherent chromatographic peak profile behavior) are finally included in the list of sample features. The results provided for each compound detected are: a mass spectrum containing the ions with the same elution time and explainable relationships, and an extracted compound chromatogram that is effectively an extracted ion chromatogram

# <span id="page-3-0"></span>Table 1

LC-TOFMS accurate mass database of the studied sport drugs, including retention times, elemental composition of the detected ions, theoretical and experimental accurate<br>mass and their error (fortification level: 25 µg L<sup>–</sup>



# Table 1 (continued )



#### Table 1 (continued )



which computes all of the masses in the compound spectrum (and only those masses). Once the compounds were automatically extracted, its molecular formula was generated and may be confronted against any user-created database. These databases should contain specific information such as diagnostic ions or the use of accurate-mass shifts from parent species due to typical biotransformations.

(b) "Find by formula". This software tool can be also used for nontargeted detection, similarly to the targeted approach, but without retention time information included in the spreadsheet. A list of elemental compositions/ions to be searched (without retention time restriction), including diagnostic fragment ions and eventually a list of potential metabolites from parent species based on an *ab-initio* list prepared considering formula modifications/mass shifts due to biotransformations were prepared.

To obtain the specific information (diagnostic ions) required for this approach, spectral features of each compound were also

studied. In-source CID fragmentation was investigated at different fragmentor voltages (160, 190 and 220 V), obtaining diagnostic fragment ions [\(Table S-1](#page-13-0), Suppl. data), which can be used to identify compounds with similar structure, degradation products or metabolites [\[62](#page-14-0)–64].

## 3. Results and discussion

## 3.1. Identification of targeted sport drugs by LC-TOFMS accurate mass measurements

For screening purposes, the identification of the selected sport drugs was accomplished by combining retention time matching and accurate mass measurements of the selected ion, criteria in compliance with current WADA guidelines [\[65\].](#page-14-0) [Table 1](#page-3-0) summarizes the data of the 200 compounds tested listed in alphabetical order including retention time, elemental composition of the detected ions, theoretical and experimental accurate mass and their relative mass error at  $25 \mu g L^{-1}$ 

<span id="page-6-0"></span>concentration level. Most of the compounds were detected in positive ion mode except 6 detected in the negative ion mode (benthiazide, chlorothiazide, furosemide, hydrochlorothiazide, hidroflumethiazide and trichlormethiazide). A single high-resolution ion (either a protonated ( $[M+H]^+$ ) or deprotonated molecule ( $[M-H]$ )) were used for screening (detection) and quantitation purposes, except in some cases including EDDP (already charged  $([M]^{+})$ ) and other compounds for those a fragment ion was found more appropriate due to higher signal than the respective molecule, avoiding the use of non-specific ions such as tropyllium cation ( $m/z$  91) and selecting the higher mass value as possible in order to preserve selectivity. On the other hand, only a few compounds exhibited sodium adducts (e.g. 4-androstene-3,17-dione, norethandrolone, 16-β-hydroxyfurazabol) although these ions were not selected [\(Table S1,](#page-13-0) Suppl. data).

For the automated targeted screening, "Find by formula" software application was used. This tool is implemented to search the selected targeted list of retention time/accurate mass (elemental composition) pairs in the LC–MS raw datafile. Two main parameters affecting search criteria were optimized: accurate mass tolerance and retention time tolerance.  $A + 10$ -mDa mass window was selected for screening purposes, although final confirmation within 5 ppm relative mass error tolerance is required for positive identification. Different retention time tolerance windows were also considered, and finally it was fixed at  $\pm$  0.2 min for screening/ identification purposes. The RSD deviation of retention time were typically well below this tolerance (e.g.  $< 0.1\%$ ).

To each individual positive finding, the retention time and accurate mass bias is provided along with the isotope pattern matching score. This is an additional tool to further confirm the identity of a positive, based on the comparison of the experimental data with the theoretical values of the assigned elemental composition of the tentative positive. A score coefficient (scale up to 100), which considers the relative abundance of the different isotope signals of the detected species, the space  $(m/z)$  gap) between these signals and the relative mass error is generated per positive finding.

Finally, with respect to the identification criteria, it is worthwhile mention the high mass accuracy attained with the LC-TOFMS instrument used. As shown in [Table 1,](#page-3-0) the relative mass errors were below 2 ppm in most cases, being the average mass error as low as 0.72 ppm in the studied urine matrix-matched standard spiked at 25  $\mu$ g L $^{-1}$ .

Another key part of the LC-TOFMS screening method is the chromatography which is of paramount importance for appropriate identification of each individual sport drug. Several isobaric (same nominal mass) or isomeric species (same elemental composition) can be easily distinguished with an optimized LC separation. A 18-min run gradient using a short  $C_{18}$  column (50 mm) with small particle size (1.8 μm particle size) was finally selected. The use of shorter methods may yield some isobaric coeluting species and also stronger matrix effects. With the selected method, only 8 compounds eluted near the void volume (e.g. retention time  $\leq$  1.5 min). The targeted compounds are distributed mainly  $(>80%)$  in the retention time range from 5 to 15 min, with the following distribution: 15% compounds between 0 and 5 min; 35% compounds between 5 and 10 min; 46% compounds between 10 and 15 min and 4% compounds from 15 to 18 min. With the selected method, no coeluting isobaric species were found amongst the selected compounds. A summary of tentative coeluting isobaric species resolved is shown in [Table S2](#page-13-0) (Suppl. data). All the species could be distinguished between themselves by retention time, mass resolving power and/or characteristic fragmentation.

## 3.2. Evaluation of LC-TOFMS approach for confirmatory purposes

The only document available so far related to criteria and guidelines for identification of substances by chromatographic/mass spectrometric assays  $[6,65]$  states that for molecules < 800 Da, prohibited substances with a concentration greater than approximately  $100$  ng mL<sup>-1</sup> should have a full or partial scan acquired or shall have accurate mass determined such that the elemental composition can be determined. Whenever possible, a full-scan is the preferred option [\[6\].](#page-13-0) The WADA guidelines are thus very non-specific in terms of identification criteria by HRMS [\[6,65\]](#page-14-0).

[Table 1](#page-3-0) includes the selected ion for screening purposes. Unlike other applications such as food or feed testing [\[66,67\]](#page-14-0), yet there are no detailed guidelines in sport drug testing requiring for instance two high resolution ions for confirmation purposes) or even ion ratios. Most of the literature published so far (preventive screening method with HRMS) only included one single ion [\[6,44,48,52,54,59](#page-14-0)–61], with the exception of Virus et al. [\[46\]](#page-14-0) (20 compounds using LTQ-Orbitrap) and Badoud et al. [\[49\]](#page-14-0) (103 compounds using Q-TOF), both using dedicated CID MS/MS experiments providing at least two HR ions. Even, it is often easy to find LC–MS/MS methods based on a single screening MRM MS/MS transition [\[55,58\]](#page-14-0). As an alternative, Jimenez-Girón et al. [\[61\]](#page-14-0) used an HRMS Orbitrap without collision cell and considered Na adducts and chlorine isotope signals instead of actual fragment ions. One of the drawbacks reported was the extent of matrix effects which was remarkable for these secondary ions used for confirmatory purposes.

With the aim to evaluate LC-TOFMS capabilities for confirmatory purposes, considering the measurement of 2 HR ions (within 5 ppm error) as criterion for unambiguous confirmation, two approaches were tested:

voltages (190 and 220 V), and; a 160

(a) In-source CID fragmentation using two different fragmentor



Fig. 1. (a) 2D plot representing recovery percentages for all targeted compounds over the entire LC run. (b) Cake diagrams summarizing recovery rates of the SPE at both concentration levels tested and the corresponding RSD values.

# <span id="page-7-0"></span>Table 2

Analytical parameters of the LC-TOFMS method for screening and quantitation of 200 sport drugs in urine.



## Table 2 (continued )



#### <span id="page-9-0"></span>Table 2 (continued )



<sup>a</sup> MRPLs: WADA minimum required performance levels.

<sup>c</sup> LOD/LOQ not calculated (endogenous species).

 $b$  Calculated using the ratio of the calibration curve slopes obtained with urine extracts and with solvent-based standards (slope matrix/slope solvent (ME)). ME > 1 means signal enhancement while  $ME < 1$  means signal suppression (the more common phenomenon).

(b) CID MS/MS fragmentation without precursor ion isolation (commercially called "all ion mode" or "MSE"), an approach analogous to in-source CID carried out in a dedicated collision cell (instead of the ion transportation region), fully compatible with full-scan acquisition of LC-TOFMS instruments,

In-source CID fragmentation was studied for each individual compound and is summarized in [Table S1](#page-13-0) (Suppl. data), including the assigned elemental composition for each fragment ion. Data was acquired at two fragmentor voltages (190 and 220 V), using either a single injection for each voltage, or both experiments in the same run, which involved a slight decrease of sensitivity (ca. 20%) due to reduced acquisition time (500 ms in each experiment). Nearly 70% of the studied compounds exhibited at least one fragment ion with relevant relative abundance (e.g.  $> 10\%$ ) at the tested fragmentor voltages. In contrast, about 60 compounds only displayed the protonated molecule at the optimized fragmentor voltages. In a few cases (benthiazide, chlorothiazide, clopamide, diazepam, ethacrinic acid, indapamide and toremifene) these compounds displayed additional information due to  $A+2$  signals

<span id="page-10-0"></span>

Fig. 2. (a) Cake diagrams summarizing matrix effects. (b) 2D plot representing matrix effects for all targeted compounds over the entire LC run. Data from isoethanine (3.81) and selegiline (6.54) not represented.

from chlorine atoms, that can also be used for confirmation purposes. The list of compounds difficult to be fragmented with in-source CID is detailed in [Table S3](#page-13-0) (Suppl. data).

At this point it is important to mention that the use of "all ion mode" preserves full-scan acquisition flexibility and benefits of acquiring all the information all the time without time window boundaries (scheduled precursor ion lists), but also adding the ability to cleave molecules which requires high energy to provide fragmentation due to the use of a dedicated collision cell. Given the number of potentially coeluting analyes, and considering the fact that 80% of the targeted species are concentrated on the middle section of the chromatographic run, the use of all ion mode seems to be better suited than dedicated CID MS/MS with precursor isolation, since several MS/MS features can be collected from coeluting species without loss of sensitivity. A dedicated MS/MS method development would be required instead, and eventually may produce a significant loss of sensitivity and also of information of the sample. Without precursor selection, this is no longer a problem, although at the expense of an inherent loss of specificity compared to precursor ion isolation MS/MS spectra. The fragmentation of the species which were difficult to cleave with in-source CID were satisfactorily accomplished, providing at least an additional fragment ion in all cases with the exception of 2-aminoheptane, a low-molecular weight compound which could not be fragmented whatsoever.

Therefore, LC-TOFMS using in-source CID provided information for 70%, a value reasonably high, but not as comprehensive as results obtained with "all ion mode" CID MS/MS fragmentation without precursor isolation. The use of two experiments at for



Fig. 3. Fragmentation of a generic methylenedioxyamphetamine (MDMA) generating two diagnostic ions and set of related compounds with the same moiety/substructure.

## <span id="page-11-0"></span>3.3. Method performance for quantitation purposes

The performance of the extraction method was studied at two concentration levels (2.5 and 25  $\mu$ g L<sup>-1</sup>) (*n*=7). The results obtained are summarized in [Fig. 1](#page-6-0), with all the detailed recovery data included in [Table S4](#page-13-0) (Suppl. data) The SPE method exhibited high recoveries for the majority of the sport drugs at both concentration levels tested (2.5 and 25  $\mu$ g L<sup>-1</sup>), ranging between 70 and 120% for over 80% of the compounds tested, displaying also appropriate precision with relative standard deviation below 20% for approximately 90% of the compounds at both concentration levels tested.

The overall results are positive given the variety of compounds included in the method This can be partly attributed to the SPE cartridge used, which displays different retention mechanisms, both ionic-exchange type and nonpolar adsorption mechanisms. Only lower recoveries were obtained for some compounds eluting near the void ([Fig. 1\(](#page-6-0)b)), perhaps due to poor retention in the cartridge because of their relatively high hydrophobicity. Anyway, the recoveries were enough to fulfill WADA minimum required performance levels. It should be remarked that no deconjugation step was included in the present method. In order to recover highly metabolized (e.g. yielding glucuronide derivatives) compounds such as norandrosterone, ethiocholanone, epitestosterone or gestrinone, an additional enzymatic hydrolysis step should be included prior to SPE step.

In order to evaluate the linearity of the proposed method, calibration curves of the 200 targeted drugs were constructed at 9 different concentrations in the range 0.25–125  $\mu$ g L<sup>-1</sup> using blank urine extracts. The obtained results are shown in [Table 2](#page-7-0) where the limits of detection and quantitation are summarized together with the matrix effects and the linearity for each compound. LOQs were empirically calculated using the data acquired from recovery experiments (2.5 and 25  $\mu$ g L<sup>-1</sup>), or by subsequent dilutions of these extracts with non-spiked matrix. The results obtained were satisfactory with all analytes tested in compliance with the minimum performance required by WADA



Fig. 4. Example of a urine sample spiked with three methylenedioxyamphetamine derivatives. EIC of the diagnostic ion at m/z 163.0754 and the compounds detected with this diagnostic ion.

<span id="page-12-0"></span>standards [\(Table 2](#page-7-0)). The proposed method showed good quantitation limits, lower than  $0.5 \mu g L^{-1}$  for 72% of the compounds and lower than 1  $\mu$ g L<sup>-1</sup> for 81% of the included compounds.

No isotopically labelled internal standard (ILIS) were used in the present method, as it is difficult to address and compensate matrix effects (ME) for 200 species using a reduced number of non-analogue ILIS for all the species included. We considered that the use of 3–4 ILIS distributed throughout the LC run would not improve and compensate ME, which vary a significantly during the run as shown in [Fig. 2\(](#page-10-0)a), even amongst compounds with similar retention time. Given the complexity and variability of the sample, it is difficult to compensate ME even using the specific analogue ILIS of an analyte, due to the variability of urine matrix (e.g. specific gravity values strongly altered ME compensation by ILIS) [\[68\]](#page-14-0) or even due to significant isotope effects [\[69\]](#page-14-0). For this reason, the correction of ME was accomplished via matrixmatched calibration. ME were evaluated by comparing the slopes of the calibration with matrix-matched standards (urine extracts) with standards prepared in pure solvent.

Detailed ME are represented as a 2D-plot in [Fig. 2](#page-10-0)(b). Two compounds with significant signal enhancement (isoethanine (3.81 min) and selegiline (6.54 min) not represented) were observed. Their behaviour can be attributed to their early elution near the void. This section is probably the more subjected to ME as noticed in the 2D-plot. Besides this exception, not clear tendencies could be observed when mapping the occurrence of ME throughout the LC run. Only a section from 8 to 10 min suffered particularly relevant signal suppression that may be attributed to coeluting species from the matrix. In overall terms, the results were satisfactory nearly 80% of the compounds exhibiting soft ME in the range of 25% signal suppression or lower ([Fig. 2](#page-10-0)).

The main issue of matrix-matched standards for ME correction is the representativeness of the matrix used, particularly difficult to predict given the different features urine samples may pose (specific gravity, pH, composition, etc). The best approach to minimize matrix effects and the impact of matrix variability on ME correction is dilution. The lower the relative amount of urine in the injected extracts the lower these effects so that the representativeness of the



Fig. 5. Example of typical biotransformations search in a real urine sample after the treatment with the diuretic bumetanide where six metabolites were identified starting from the original molecule and applying different biotransformations.

<span id="page-13-0"></span>sample is less problematic. For instance a 1:10 or 1:20 dilution may minimize ME in most cases so that external calibration with solvent standards could be feasible. The implementation of these dilutions depends strongly on instrument sensitivity and performance. Preliminary experiments accomplished with a state-of-the-art instrument (Agilent 6550 Q-TOF) provided both increase in sensitivity and minimized ME when using 1:10 dilution of the SPE extracts. Anyway, it should be noticed that these quantitative issues are more critical only for threshold substances, which require a dedicated assessment of ME and the uncertainty associated. For these particular cases, the use of ILIS may be considered and tested in first place [\[68\].](#page-14-0)

## 3.4. Systematic data analysis for detection of metabolites and other derivate species of sport drugs

After a detailed study of fragmentation detection of the 200 sport drugs, the search of metabolites and other derivate species of sport drugs was addressed through the use of diagnostic fragment ions, which are defined as molecular ion or fragment ions whose presence and abundance are characteristic of the substance and thereby may assist in its identification  $[62-64]$ . Hence, related compounds or metabolites with similar structure, preserving some of these diagnostic fragments, may be easily tracked using narrow-mass window extraction of diagnostic ions or even by means of an automated search of diagnostic ions. For this substructure search, a database with the masses of the diagnostic ions for each family of class of compounds can be created, grouping them because similar compounds may have the same diagnostic ions. In this case, only accurate mass is used as search criterion. In most cases, the compounds displayed characteristic information for the search of derivative compounds or metabolites which are also targeted compounds of WADA methods since the list of prohibited species includes not only the species listed but also any other substances with similar structure or biological effects of any prohibited substances.

An example of this searching strategy is depicted in [Fig. 3,](#page-10-0) where the structure and tentative fragmentation of a generic methylenedioxyamphetamine (MDMA) is illustrated yielding two diagnostic ions at m/z 163.0754 and 135.0441. These diagnostic ions or substructures are common in many compounds derived from methylenedioxyamphetamine as shown in [Fig. 3](#page-10-0), where up to 14 compounds described share these diagnostic ions. Data from a urine sample spiked with three derivatives of methylenedioxyamphetamine is shown in [Fig. 4.](#page-11-0) The extracted ion chromatogram (EIC) of diagnostic ion  $m/z$  163.0754 is represented, with three chromatographic peaks, and extracting their mass spectra is possible to find in them the mass of the diagnostic ion and the mass of the parent compound. Extracting their EICs confirms that the compounds present in the sample are MDA, MDEA and MDMA.

In addition, for a thorough metabolism study of an individual sport drug, the use of accurate mass shifts due to typical biotransformations is also a convenient tool [\[64\].](#page-14-0) Potential metabolites starting from the original drug were also studied by applying typical biotransformations with calculated mass shifts and the corresponding chemical formula modification [\[64\]](#page-14-0). Only the transformations plausible for a molecule were taken into account, being a csv format excel file created for each compound with all feasible biotransformations, and their accurate masses. This file is then used with "Find by formula" search tool of the software (MassHunter Qualitative Analysis). For instance, a set of typical biotransformations is summarized in Table S5 (Supplementary Data). The defined criteria search were the same applied to targeted species but without using retention time data, since no pure standards are available in first place. An example of this approach is shown in [Fig. 5,](#page-12-0) with data obtained from a rat urine sample after intraperitoneal dose of diuretic bumetanide. Up to six metabolites were identified based on their possible biotransformations, including three hydroxylated metabolites, a dihydroxylated species, one oxidized to acid and the metabolite formed by the dealkylation of the alkyl chain.

### 4. Concluding remarks

In this work, a method for the screening and quantitation of 200 sport drugs using LC-TOFMS has been developed. The proposed SPE method provided adequate recoveries and RSD while providing a clean extract that not causes important matrix effects. The screening method based on accurate-mass/retention time pairs enabled the detection of all the species tested at WADA MRPLs levels using a single high resolution ion.

For confirmatory analysis, the use of in-source CID fragment provided appropriate results for the unambiguous confirmation of ca. 70% of the compounds if the 2-high resolution ion criterion is used. In contrast, the use of CID fragmentation on a dedicated collision cell without precursor ion selection provided comprehensive fragmentation information for all the compounds. This approach is definitely the best suited for this type of application as the full-scan acquisition and their advantages are not altered, while the fragmentation obtained is thorough. Finally, the use of this characteristic fragmentation along with the ab initio calculation of typical biotransformations allowed the straightforward identification of relevant non-targeted compounds such as drugs with similar structure to the WADA targeted compounds or metabolites. Furthermore, the validated method can be expanded towards new targeted species with high flexibility and also permits retrospectively inspect former samples for new or unknown doping agents added to the WADA list without the need of re-processing the sample, just the data acquired.

### Acknowledgments

The authors acknowledge funding from Junta de Andalucía (Research Project Ref. FQM-2614 and Research Group FQM323) and the Spanish Ministerio de Economía y Competitividad (MINECO) through project Ref. CTQ-2012-34297 and PhD scholarship Ref. BES-2013-064014 (F.J.L.O).

### Appendix A. Supporting information

Supplementary data associated with this article can be found in the online version at http://dx.doi.org/10.1016/j.talanta.2014.10.050.

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